

Youth Survey 2016

 **21,846** 
respondents aged 15-19 years

Top 3 personal concerns:

stress (44.4%)
highly concerned



school (37.8%)
highly concerned



body image
(30.6%)
highly concerned



The % of young people indicating **mental health** as a top national concern has **DOUBLED** in the last **6 years**

Top 3 national issues:

alcohol and drugs



28.7%

discrimination and equity



27.0%

mental health



20.6%

Young people need:

- ✓ **Skills to cope** with stress
- ✓ **Support** in times of need
- ✓ Mental health and drug and alcohol **awareness programs**
- ✓ Access to **mental health and drug and alcohol services**
- ✓ Access to **detoxification and rehabilitation** services

1 in 4



young people experienced unfair treatment or discrimination in the past year



Top 3 reasons:

gender (39.1%)

race/cultural background (30.8%)

age (22.1%)

1 in 2



young people witnessed someone being unfairly treated or discriminated against



Top 3 reasons:

race/cultural background (57.5%)

sexuality (41.4%)

physical health or ability (35.3%)

Gender discrimination:

Of the three in ten young females who reported experiencing discrimination,



HALF

reported gender discrimination

Of the four in ten **Aboriginal and Torres Strait Islander young people** who reported experiencing **discrimination**,

MORE THAN HALF

reported discrimination on the basis of race or cultural background

Discrimination needs to be combatted through political leadership, education, media interventions and programs at the organisational and community level.

