

## Games, stories and yoga with your 3 - 5 year old

Join our qualified facilitator for some fun activities, and yoga moves with your child.

**WHEN:** 8, 15, 21 & 29 May 2019

Wednesdays: 10.30am to 11.30am

WHERE: The Northern Centre: Ground floor, 3-5 Anthony Road, West Ryde

**BRING:** Yoga mat and towel

**COST:** \$30 for 4 weeks

BOOK ONLINE: <a href="https://bit.ly/2STQXFn">https://bit.ly/2STQXFn</a>



Group available for families in Ryde, Hunters Hill and Ku-ring-gai areas.