

REFERRAL GUIDE TO THE COLOCATED PARTNER SERVICES

**The Northern Centre
West Ryde Community Centre
Ground floor, 3-5 Anthony Road, West Ryde
P: 02 9334 0111
E: connect@thenortherncentre.org.au**

Family Support Program

Contact:	Claire Sexton – Intake Coordinator (Mon-Fri) 9334 0111 intake@thenortherncentre.org.au
About:	Individual and family support through counselling, case management, supported playgroups and evidence based parenting programs (inc. Chinese and Korean).
Service times:	Monday to Friday 8.30am - 4.30pm
Access criteria:	Any individual/ family who are vulnerable and require support around parenting.
Referral pathway:	Can self-refer or any service can refer their client into this service. Contact Claire for Intake by phone or email.
LGA focus:	Ryde, Hunters Hill and Ku-ring-gai

Early intervention Homelessness Program

Contact:	Claire Sexton – Intake Coordinator (Mon-Fri) 9334 0111 intake@thenortherncentre.org.au
About:	A service that works with individuals and families to help them maintain or find safe and accessible housing.
Service times:	Monday to Friday 8.30am - 4.30pm
Access criteria:	Any individual or family whose housing situation is unstable or at risk.
Referral pathway:	Can self-refer or any service can refer their client into this service. Contact Claire for Intake by phone or email.
LGA focus:	Ryde, Hunters Hill, Lane Cove, Mosman, North Sydney, Willoughby, Ku-ring-gai and Epping



Financial Counselling

<u>Contact:</u>	Alessandra Amico-Smith (Mon-Wed) 0427 078 366 alessandra.amicosmith@catholiccareddb.org.au Steve Cribb (Thu-Fri) 0481 602 080 steve.cribb@catholiccareddb.org.au
<u>About:</u>	The provision of information, support and advocacy to assist people experiencing financial difficulty.
<u>Service times:</u>	Monday to Friday 8.30am - 4.30pm
<u>Access criteria:</u>	Any individual/family who are suffering stress due to their financial position.
<u>Referral pathway:</u>	Can self-refer or any service can refer their client into financial counselling. Contact Alessandra or Steve to make an appointment.
<u>LGA focus:</u>	Ryde, Lower North Shore and Northern Beaches

Emergency Relief

<u>Contact:</u>	Sophie De Vries 0429 989 806 sophia.devries@catholiccareddb.org.au
<u>About:</u>	The Emergency Relief program helps and supports people address their immediate basic needs in times of financial crisis.
<u>Service times:</u>	Wednesday 8.30am - 4.30pm
<u>Access criteria:</u>	Any individual/family who are suffering immediate crisis where their basic daily needs are challenged.
<u>Referral pathway:</u>	Can self-refer or any service can refer their client into the emergency relief service. Contact Sophie to make an appointment.
<u>LGA focus:</u>	Ryde, Lower North Shore and Northern Beaches



Womens Legal Clinic

<u>Contact:</u>	Cassie Cox (Mon-Wed), Kim Cooper (Thurs) and Claire Sexton (Fri) The Northern Centre 9334 0111 or connect@thenortherncentre.org.au
<u>About:</u>	A weekly afternoon pro bono legal service run by Alex Xenos Senior Associate Hunt and Hunt Lawyers, delivering a service to women focussing on custody, family or domestic violence, child and spousal support or property issues. Appointments are 40 mins each. The clinic provides initial legal advice only and most often only one appointment per client (in extreme circumstances as directed by Alex, clients may have a second appointment). TIS are engaged when required and TNC have a Chinese and Korean worker who may be able to support translation services. Free childcare is available if required.
<u>Service times:</u>	Thursday 2.00pm - 5.00pm
<u>Access criteria:</u>	Any female who required advice around custody, family or domestic violence, child and spousal support or property issues.
<u>Referral pathway:</u>	Can self-refer or any service can refer their client into this clinic. Contact Cassie, Kim or Claire to make an appointment.
<u>LGA focus:</u>	Sydney Northern District



Youth mental health

<u>Contact:</u>	Anna Wright 0439 945 056 awright@newhorizons.org.au
<u>About:</u>	headspace provides tailored and holistic mental health support to 12 - 25 year olds, working with mild to moderate presentations and with a focus on early intervention. headspace can work with the young person and/or their family.
<u>Service times:</u>	Thursday 8.30am - 4.30pm
<u>Access Criteria:</u>	Young people 12 – 25 years old
<u>Referral pathway:</u>	Can self-refer or any service can refer their client into headspace. Contact the Headspace Intake Coordinator on 8021 3668 to make an appointment.
<u>LGA focus:</u>	NIL



Australia

Imagination Library – Early Literacy

<u>Contact:</u>	Alexandra Irving 0417 773 187 alexandra.iring@unitedway.com.au
<u>About:</u>	United Way Australia unites community, business, philanthropy, government and social purpose organisations to improve education and employment outcomes.
<u>Service times:</u>	Monday and Wednesday 8.30am - 4.30pm
<u>Access Criteria:</u>	Parents with children aged 0 - 4.5 experiencing family stress or hardship are eligible for the Imagination Library, a program which provides a free monthly book and literacy resources.
<u>Referral pathway:</u>	Through partner organisations or United Way by contacting Alexandra.
<u>LGA focus:</u>	Ryde



ParentsNext

<u>Contact:</u>	Ammar Abbas Wesley Mission 0447 353 621 ammar.abbas@wesleymission.org.au
<u>About:</u>	ParentsNext helps support eligible parents to plan and prepare for pre-employment by the time their children go to school.
<u>Service times:</u>	Thursday and Friday 8.30am - 4.30pm
<u>Access criteria:</u>	Parent/s whose youngest child is aged 6.
<u>Referral pathway:</u>	Referrals are only through Centrelink for this program.
<u>LGA focus:</u>	Not relevant – all referral via Centrelink



Indonesian Welfare Association (IWA)

<u>Contact:</u>	Ana Wirjawan Indonesian Welfare Association 0401 062 659 a_wirj@hotmail.com
<u>About:</u>	IWA offers a wide range of services and support not only for newly arrived Indonesian-speaking migrants but also to the women, men and elderly and the broader members of the Indonesian community in Sydney metropolitan area.
<u>Service times:</u>	Wednesday and Thursday 8.30am - 4.30pm
<u>Access criteria:</u>	Any Indonesian individual or family.
<u>Referral pathway:</u>	Can self-refer or any service can refer their client into IWA. Contact Ana to make an appointment.
<u>LGA focus:</u>	Nil



Woodville Alliance

<u>Contact:</u>	Amy Joo – The Northern Centre 9334 0111 ajoo@thenortherncentre.org.au Emma South – Woodville Alliance 0437 496 500 esouth@woodville.org.au
<u>About:</u>	The Northern Centre and Woodville Alliance run a weekly program called Culture Drop. Culture Drop operates under a supported playgroup model.
<u>Service times:</u>	Friday 9.30am – 12.00pm
<u>Access criteria:</u>	CALD families with children < 5 years who are isolated and/or newly arrived and English is their second language
<u>Referral pathway:</u>	Children under 5 year of age. Can self-refer or any service can refer their client into this program. Contact Amy Joo @ TNC to make a referral. Amy will then contact the client and do a pre interview session to ensure that they fit the criteria for the group.
<u>LGA focus:</u>	Ryde

Elizabeth Lee

<u>Qualifications:</u>	MCAP; Grad Dip. Counselling; BA Psychology Bi-lingual English / Korean speaking Psychotherapist / Problem Gambling Counsellor Registered NDIS and Carers NSW provider
<u>Contact:</u>	Elizabeth Lee 0414 525 277 leese.elizabeth@gmail.com
<u>About:</u>	Elizabeth operates from TNC on Saturdays and provides free services under the NDIS and Carers NSW (6 free counselling sessions) with a focus on any relationship, addiction, mental health concerns for individuals, couples and families.
<u>Service times:</u>	Saturdays
<u>Access criteria:</u>	Korean clients registered for NDIS and Carers NSW referrals.
<u>Referral pathway:</u>	Korean clients registered for NDIS and Carers NSW referrals.
<u>LGA focus:</u>	N/A



Disability Employment Services

<u>Contact:</u>	Isaac Varghese 0427 924 881 ivarghese@konekt.com.au
<u>About:</u>	Konekt Employment are a Government contracted provider of Disability Employment Services. If you have a client with a disability, injury or health condition and they are looking for work, please refer to this service. Konekt will work with your client to tailor a job plan, based on your client's personal circumstances. Their aim is to listen to and work alongside your client to achieve their employment goals. Depending on their circumstances, Konekt can help write or update resumes, provide them with job search tools, offer interview tips and preparation, and help them with skills development to give you the best chance in securing ongoing sustainable employment.
<u>Service times:</u>	Fortnightly Friday 8.30am - 4.30pm
<u>Access criteria:</u>	An Australian Resident or Citizen, with a Disability Seeking employment, education or assistance in determining a vocation. We can also assist those that are currently employed but have an identified Disability and require support to remain employed.
<u>Referral pathway:</u>	Contact Isaac Varghese on mobile or email.
<u>LGA focus:</u>	Ryde, North Shore and Northern Beaches