

Date: 14 February 2020 (Week 3)

Website of the week:

One of my favourite Podcasts **Parental As Anything!**

One of Australia's favourite parenting authors and educators Maggie Dent gives you tips and answers to your real-world parenting dilemmas - screen time, tantrums, building resilience, homework and more.



For more details:

<https://www.abc.net.au/radio/programs/parental-as-anything-with-maggie-dent/>

What's on this week at Culture Drop

Vicki Laing from NSLHD Child Youth and Family Health Service is coming to visit Culture Drop.

Do you have any concerns around your child's development such as:

- your child's sleeping routine
- any developmental delays inc. speech delay
- your child's eating attitudes and behaviour etc.



Importance of socialising and play with your toddler

The term 'caring and sharing' is important in teaching a child a respectful approach to life. By using a calm voice and showing a positive regard towards people, parents can role model to their child..... For more reading, <http://thenortherncentre.org.au/parenting-toolbox/importance-of-socialising-and-play-with-your-toddler-2/>

Last week at Culture Drop we talked about:

- Library programs and the local toy libraries. Have you explored any of them?
- The importance of reading to your child
- The information session on language delays on Thursday, 13 February.



Did you know?

- Sometime you might wonder that 'my child doesn't understand English yet. Is it still benefit to read to my child in English?' The answer is 'YES'. Don't worry if English isn't your child's first language. What matters is that you read to your child in whatever language you feel most comfortable with.
- As we all know there are many benefits to reading with babies and young children, including building language and communication skills. Here are some tips to get the most out of the book.

<https://bit.ly/2OM0Uk7>

