thenorthterncentre
care. connect. grow. our community

Culture Drop

weekly newsletter

Date: 21 February 2020 (Week 4)

Website of the week

Playgroup NSW is the peak body representing playgroups across NSW.

Are you looking for a local playgroup near your place? You can easily search for one at https://www.playgroupnsw.org.au/

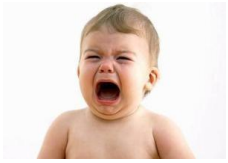
What's on this week at Culture Drop?

We are going to talk about:

- Your FREE Public Dental Service
- Your Local Immunisation Clinic
  - Venue: West Ryde Hall (1A Station St.)
  - Dates: Second & Fourth Tuesday monthly
  - Time: 9:30am – 11:30am / 6:30pm – 8:30pm
- Your local Child & Family Health Nursing Service
- Blue Book: Children born outside of NSW who are living in NSW are entitled to a FREE copy.
  - Phone: 02 9887 5450
  - Email: nslhd-bhc@health.nsw.gov.au

Did you know?

5 main reasons that toddlers cry



Ever feel like your child just. won't. stop. CRYING? You're far from alone – but getting to understand the science behind the tears can help you both get through the wailing unscathed. Children have this way of crying that is utterly ……. https://bit.ly/2P5IvPo

What's on in your community?

1000 Books Before School- visit any library in the City of Ryde and sign up for your special reading log. Click on the link for more details: https://www.ryde.nsw.gov.au/Library/Something-for-Everyone/Children/Reading-Programs

Craft activity

Encourage your child's fine motors skills with this easy homemade activity using a paper towel roll and pom poms found at your local discount store!