

Date: 20 March 2020 (Week 8)

To help you understand *The Childcare System in Australia*, please click below.

- [Childcare](#) in Australia: Choosing the right type for your family
- [Preschool](#) suitable for 3-5 year
- Childcare Centre [Checklist](#): a useful checklist on the things parents should note when considering a centre for their child.
- [Preschool list](#) in Ryde Area

It might be a good time to add [Parentline NSW](#) to your contacts! Parenting today can be tough! Understanding and knowledgeable counsellors are just a phone call away on this FREE service. Call



or click [here](#) for further information.

### Wash your Hands!

Hand washing is one of the easiest ways to stop the spread of germs but getting kids to do it – and do it right – can be a challenge.

[Here](#) is 9 ways to get kids to wash their hands.

To make it fun experience for your child, here is The Wiggles Handwashing song. Click [here](#).



### Hello families!

It was a hard decision for us to make to **stop our weekly Culture Drop sessions** due to the Corona Virus, as we know how much you love coming. All of our face to face services are cancelled until further notice. But, I will be sending out our weekly newsletter and giving you a call each week- I will be in touch to book a time that suits you.



### Craft Activity

We are suddenly faced with the challenge of keeping our children occupied at home. We, however can do a number of activities alongside our kids that facilitate active, engaged learning.

An easy activity you can start with is colouring with your kids. Colouring in pictures and drawings may seem like a simple task but there are so many learning benefits for children to engage in the act of colouring in.

Click [here](#) or the benefits of colouring.

