

Date: Week 6: 12 March 2020

## weekly newsletter

### Website of the week

Red Nose has a range of resources, information and lots advice, such as safe sleeping, co-sleeping and tummy time. Click [here](#).



### Craft Activity

Cut the centre out of four paper plates to make rings and paint them with bright colours. Find a cardboard roll from wrapping paper or something similar (you might have to cut it in half) and stick the roll onto the centre of another plate.

**How many rings can you throw over the roll?**



### Toddler not eating?

Have you ever worried whether your toddler is eating enough healthy food? Or, why your toddler is fussy about what he/she eats or refuses to eat at all?

Click [here](#) for ideas and tips on:

- Appetite: the ups and downs and how to handle them?
- Trying new foods
- Signs your child might need help with food and eating



### Sydney's Best Natural Play Spaces for Kids

Children learn, develop and grow through play. Natural play spaces offer unstructured play for learning amongst a blend of natural areas, environmental features and many different plants. Click [here](#) to find out a collection of some of the best Natural Material Play spaces for kids in Sydney.

