



2020 : term 4

parenting programs & playgroups timetable

Circle of Security Parenting Program

English

12 October – 30 November
Mondays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

Mandarin (Mabel)

15 October to 19 November
Thursdays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

Tuning in to Teens Parenting Program

English

19 October – 23 November

Mondays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

123 Magic Parenting Program

English

22 October – 5 November

Thursdays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

Mini Maxi Supported Playgroup

21 October – 9 December
Wednesdays: 10:30am to 11:30am

Register: <https://bit.ly/2Zlo5jV>

Culture Drop Supported Playgroup

16 October – 11 December
Fridays: 10:30am to 11:30am

Register: <https://bit.ly/2Zlo5jV>

Bookings essential as places are limited.

Parenting Programs and Playgroups will be held via ZOOM.

For further details call us on 9334 0111.



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View further program
details over page.



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parenting program & playgroup overview

Until further notice all our programs will be delivered via ZOOM.

Circle of Security

8 week program for parents of 0 to 5 year olds

Circle of Security is a highly successful 8 week evidenced based program that focusses on how you can strengthen your relationship with your children through understanding and responding to your children's needs and behaviours. For further information, see www.circleofsecurity.net.

Tuning in to Teens

5 week program for parents of 11 to 18 years olds

Aims to help parents and their adolescent manage the many emotional challenges of this stage of life. By learning these skills, parents are less likely to have as much conflict within their family and their teen is more likely to talk to them about the challenging issues they face.

123 Magic

3 week program for parents of 3 to 8 year olds

Helps teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signalling system to manage children's difficult behaviour. The signalling system requires the parent to use less talk and less emotion, which in turn encourages the development of children's ability to manage their emotional reactions to parental boundaries.

Mini Maxi Supported Playgroup

8 week program for parents/ carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

Culture Drop Supported Playgroup

8 week program for parents/ carers of children under 5 years old

Targeting families that speak English as a second language, families that are new to the area and are looking for social and community connections and families looking for support with the challenges they face around parenting.