



2021 : term 3

parenting programs & playgroups timetable

**Tuning in to Kids
Parenting Program**
Limited childcare available

Korean
29 July to 2 September

Thursdays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

**Tuning in to Teens
Parenting Program**

English – ONLINE
4 August to 8 September

Wednesdays: 10:00am to 12:00pm
Register: <https://bit.ly/3cgzNZU>

**BUGK
Parenting Program**

Mandarin
3 August to 7 September

Tuesdays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

**Mini Maxi
Supported Playgroup**

14 July to 15 September
Wednesdays: 10:00am to 12:00pm

Register: <https://bit.ly/2Zl05jV>

**Culture Drop
Supported Playgroup**

16 July to 17 September
Fridays: 10:00am to 12:00pm

Register: <https://bit.ly/2Zl05jV>

Bookings essential as places are limited.

For further details call us on 9334 0111.



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View further program
details over page.



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parenting programs & playgroup overview

Bringing up Great Kids Mandarin

6-week program for parents with children under 12 years

The Bringing UP Great Kids Program provides a wide range of activities and tools that are unique. The program offers parents and carers a fresh way to understand their role and enact relationships with their children in a reflective way. Program handouts and videos are mainly in English with some additional resources provided in Chinese.

Tuning in to Teens

6 week program for parents of 11 to 18 years olds

Aims to help parents and their adolescent manage the many emotional challenges of this stage of life. By learning these skills, parents are less likely to have as much conflict within their family and their teen is more likely to talk to them about the challenging issues they face.

Tuning in to Kids Korean

6-week program for parents of 4 to 10 year olds

Focuses on the emotional connection between parents and children. Aims to teach parents emotion coaching skills, to help their child understand and manage their emotions, as well as improving communication and parent-child relationship. Help develop your child's social skills and manage frustrations and conflict, thus increasing positive behaviours.

Mini Maxi Supported Playgroup

10-week program for parents/ carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

Culture Drop Supported Playgroup

10-week program for parents/ carers of children under 5 years old

Targeting families that speak English as a second language, families that are new to the area and are looking for social and community connections and families looking for support with the challenges they face around parenting.