



2022 : term 2

parenting programs & playgroups timetable

Brining Baby Home Parenting Program

English
2 April – 9 April

Saturdays: 9:30am to 4:30pm
Register: <https://bit.ly/3ai0dZh>

Tuning in to Kids Parenting Program

English (via Zoom)
10 May – 14 June

Tuesdays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

123 Magic Parenting Program

English
12 May – 26 May

Thursdays: 10:00am to 12:00pm
Register: <https://bit.ly/3ai0dZh>

Mini Maxi Supported Playgroup

27 April – 29 June
Wednesdays: 10:00am to 12:00pm

Register: <https://bit.ly/2Zlo5jV>

Culture Drop Supported Playgroup

29 April – 1 July
Fridays: 10:00am to 12:00pm

Register: <https://bit.ly/2Zlo5jV>

DADS&bubs Supported Playgroup

7 May – 2 July
Saturdays: 9:30am to 11:30am

Register: <https://bit.ly/2Zlo5jV>

Bookings essential as places are limited.

For further details call us on 9334 0111.



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View further program
details over page.



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parenting program & playgroup overview

Bringing Baby Home

2 x Saturdays for new or expecting couples

Bringing Baby Home is for expectant couples and new parents. This free two-day program aims to help you prepare for a life with your baby. Discover how to be the best parenting team possible. We will focus on constructively helping couples and new parents to cope, strengthen relationships, increase intimacy and regulate conflict.

Tuning in to Kids

6-week program for parents of 4 to 10 year olds

Focuses on the emotional connection between parents and children. Aims to teach parents emotion coaching skills, to help their child understand and manage their emotions, as well as improving communication and parent-child relationship. Help develop your child's social skills and manage frustrations and conflict, thus increasing positive behaviours.

123 Magic

3 week program for parents of 3 to 8 year olds

Helps teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signalling system to manage children's difficult behaviour. The signalling system requires the parent to use less talk and less emotion, which in turn encourages the development of children's ability to manage their emotional reactions to parental boundaries.

Mini Maxi Supported Playgroup

10 week program for parents/ carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

Culture Drop Supported Playgroup

10 week program for parents/ carers of children under 5 years old

Targeting families that speak English as a second language, families that are new to the area and are looking for social and community connections and families looking for support with the challenges they face around parenting.

DADS&bubs Supported Playgroup

9 week program for Dads/carers of children under 5 years old

Fun, free and opportunity for Dads/carers and their children to explore the importance of play, whilst building on their parenting skills and developing social networks.