



2024 : term 2

parenting programs & playgroups timetable

Circle of Security Parenting Program

8 May to 26 June
Wednesdays: 6:45pm to 8:45pm

[Register](#)

Via Zoom

Engaging Adolescents Parenting Program

21, 28 May and 4 June
Tuesdays: 7:00pm to 9:00pm

[Register](#)

Via Zoom

Tuning in to Kids Parenting Program

23 May to 27 June
Thursdays: 10:00am to 12:00pm
Limited childcare available

[Register](#)

Korean

Mini Maxi Wednesday Playgroup

1 May to 3 July
Wednesdays: 10:00am to 12:00pm

[Register](#)

Mini Maxi Friday Playgroup

3 May to 5 July
Fridays: 10:00am to 12:00pm

[Register](#)

Bookings open
28 March 2024



the northern centre
care. connect. grow. our community

View further program
details over page.

parenting program & playgroup overview

Circle of Security - Online

8-week program for parent/carers of 0 to 5 year olds

Circle of Security is a highly successful 8 week evidenced based program that focusses on how you can strengthen your relationship with your children through understanding and responding to your children's needs and behaviours. For further information, see www.circleofsecurity.net.

Tuning in to Kids - Korean

6-week program for parents/carers of 4 to 10 year olds

Focuses on the emotional connection between parents and children. Aims to teach parents emotion coaching skills, to help their child understand and manage their emotions, as well as improving communication and parent-child relationship. Help develop your child's social skills and manage frustrations and conflict, thus increasing positive behaviours.

자세한 내용은 웹사이트를 참조해주세요

Engaging Adolescents

3-week program for parents/carers of teenagers

Provides parents/carers with practical tips to prepare for tough conversations with young people. It teaches strategies to maintain open communication, build a relationship with your teenager and foster safe independence. Parents/carers will learn to better understand adolescents and appreciate what are reasonable expectations to hold. The program works towards giving parents/ carers a renewed sense of confidence about the role they can play in their teenagers' lives, without conversations morphing into arguments.

Mini Maxi Supported Playgroup – Wednesdays

10-week program for parents/carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

Mini Maxi Supported Playgroup – Fridays

10-week program for parents/carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

For further details contact us on 9334 0111 or connect@tncinc.org.au