



2024 : term 3

parenting programs & playgroups timetable

Circle of Security Parenting Program

School holiday program

Mandarin

15 to 19 July

Monday to Friday:

10:00am to 12:00pm

Limited childcare available

[Register](#)

Engaging Adolescents Parenting Program

13, 20 and 27 August

Tuesdays: 10:00am to 12:00pm

[Register](#)

123 Magic Parenting Program

Korean

15 to 29 August

Thursdays: 10:00am to 12:00pm

Limited childcare available

[Register](#)

Mini Maxi Wednesday Playgroup

24 July to 25 September

Wednesdays: 10:00am to 12:00pm

[Register](#)

Mini Maxi Friday Playgroup

26 July to 27 September

Fridays: 10:00am to 12:00pm

[Register](#)



the northern centre
care. connect. grow. our community

Bookings open 13 June 2024

<https://thenortherncentre.org.au/parenting-programs/>

View further program
details over page.

parenting program & playgroup overview

Circle of Security – Mandarin

该育儿培训适合讲普通话的人。如果您想了解有关更多信息，请访问北方中心网站的普通话部分。

5 session holiday program + phone call for parent/carers of under 12 years old

Circle of Security is a highly successful evidenced based program that focusses on how you can strengthen your relationship with your children through understanding and responding to your children's needs and behaviours. For further information, see www.circleofsecurity.net.

Engaging Adolescents

3-week program for parents/carers of teenagers

Provides parents with practical tips to prepare for tough conversations with young people. It teaches strategies to maintain open communication, build a relationship with your teenager and foster safe independence. Parents will learn to better understand adolescents and appreciate what are reasonable expectations to hold. The program works towards giving parents/ carers a renewed sense of confidence about the role they can play in their teenagers' lives, without conversations morphing into arguments.

123 Magic – Korean

자세한 내용은 웹사이트를 참조해주세요

3-week program for parents/carers of 2 to 12 year olds

Helps teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signalling system to manage children's difficult behaviour. The signalling system requires the parent to use less talk and less emotion, which in turn encourages the development of children's ability to manage their emotional reactions to parental boundaries.

Mini Maxi Supported Playgroup – Wednesdays

10-week program for parents/carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

Mini Maxi Supported Playgroup – Fridays

10-week program for parents/carers of children under 5 years old

Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

For further details contact us on 9334 0111 or connect@tncinc.org.au